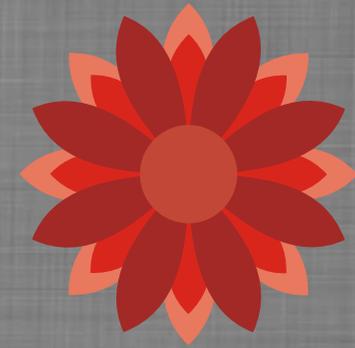


BANGLA LOUNGE



INDIAN FOOD



First Course - Appetisers

A panorama of our finest starters recommended by our chef, simply pick a choice of platter and nibble while you chat.

Shahi Platter (For 4 people) **£18.95**

An appetising range of full flavoured kebabs, including fish, chicken and lamb.

Bengali Platter (For 4 people) **£19.55**

Fish tikka, prawns and king prawns

Vegetarian Platter (For 2 people) **(v) £8.95**

Samosa, onion bhajee, cauliflower and paneer Shaslick with vegetables

Toofan Platter (For 2 people) **£8.95**

An 'assiette' composed from a selection of our best chicken, meat and vegetable starters.

Tandoori Bites (For 2 people) **£9.95**

A combo mutton chops, chicken tikka, and tandoori king prawns

Seafood And Vegetarian

Tandoori King Prawns **£4.95**

Giant tiger prawns marinated in garam masala and fresh herbs, smoked over charcoal.

Salmon Tikka **£4.95**

Pan fried salmon steak coated in sprinkled turmeric and rock salt

Veg Stuffed Peppers **(v) £3.95**

Green pepper baked in tandoor and stuffed with spicy vegetable

Prawn Bhuna puree **£4.95**

Prawns cooked in light spices, served on crispy yoghurt bread.

Onion Pakora **(v) £3.45**

Diced onions and vegetables seasoned with spices and green herbs, fried crisp

Samosa Chaat **£3.95**

Maharashtrian road side fare-vegetable samosas Served with chickpeas and topped with a medley of chutneys and yoghurt dip.

Fish Pakora **£4.95**

Fish delicately sliced and diced in our very own made batter and fried very lightly, mouth-watering Appetiser.

Chilli Paneer **(v) £3.95**

Golden fried crispy paneer in a sweet hot chilli sauce

Pan Fried Sea Bass **£4.95**

Seabass pan fried in light spices and fresh herbs

All starters served with accompanying chutneys, dips and fresh crisp salad.

Classic Starters

Chicken Shaslick **£3.95**

Cooked on charcoal with tomatoes and green peppers.

Sheekh Kebab **£3.95**

Minced meat lightly spiced & cooked on skewered.

Chicken Tikka **£3.45**

Succulent bite size pieces of marinated chicken, grilled to perfection.

Chicken Pakora **£3.95**

Diced pieces of chicken breast marinated in spicy batter, & deep fried crisp.

Chicken Tikka Puree **£4.95**

Diced pieces of chicken, sweet and sour taste, served on crispy yoghurt bread

Meat Samosa **£3.95**

Pastry filled with spiced minced meat, and fried.

Prawn Cocktail **£2.95**

Some Of Our Favourites

Lamb Jalori **£4.95**

Tender fillet of lamb stir fried with chopped onions, green peppers, tomato with English mustard served with tawa puri

Special Starter **£4.95**

A combination of three starters: prawn puree, chicken Shaslick and onion pakora definitely satisfying.

Stir Fried Chicken Tikka Garlic & Mushroom **£3.95**

Stuffed Peppers **£3.95**

Green pepper baked in tandoor and stuffed with spicy minced lamb or chicken

Mutton Chops **£4.95**

Tender mutton with spices

Dynamite Kebab **£4.95**

Skewer of minced meat blended with fresh green chillies & herbs

Plain Or Spicy Popadoms **£0.60**

Chutney & Pickles *Per Person* **£0.60**

Garlic Pickle **£0.95**

Lime Pickle **£0.95**



[e:info@banglaloungehalesowen.co.uk](mailto:info@banglaloungehalesowen.co.uk)

Please relax and enjoy your drink, whilst allowing us a little time to give your food the care and attention it deserves. We hope you will be delighted with your choice of meal. Gratuities are left to your own discretion. All major credit cards are accepted, cheques accepted with bankers card only. The management reserve the right to refuse admission. Minimum charge per head £10.

www.banglaloungehalesowen.co.uk

Combination Dishes

Enabling you to sample and enjoy
any 2 dishes with
Chicken, Lamb, Prawn or Veg

£11.95

Signature Dishes, House Specialities
King prawn and fish dishes
extra £1.00 per dish

Vegetable and Side Dishes

Mushroom Bhajee Cooked in light spices <i>(Vegan)</i>	£3.95
Bhindi Bhajee Okra/ Ladies fingers <i>(Vegan)</i>	£3.95
Sag Paneer Stir fried spinach with cottage cheese	£3.95
Bombay Aloo <i>(Vegan)</i>	£3.95
Tarkha Dhall <i>(Vegan)</i>	£3.95
Aloo Palak Potatoes and spinach <i>(Vegan)</i>	£3.95
Cauliflower Bhajee <i>(Vegan)</i>	£3.95
Paneer Makhani Home made cottage cheese simmered in a sweet and sour butter thin sauce	£3.95
Raitha Cucumber or mixed yoghurt dip, garnished with crisp okra	£1.95
Fresh Salad <i>(Vegan)</i>	£1.95

Rice

Bengal Style Fried Rice Chicken, meat, prawn, stir fried with rice.	£3.95
Mushroom Pilau	£3.45
Vegetable Pilau	£3.45
Pilau Rice	£2.95
Plain Rice (steamed)	£2.95
Garlic Chilli Rice	£3.45
Egg Fried Rice	£3.45
Lemon Fried Coriander Rice	£3.45
Tandoori Chicken Rice	£3.95

English Dishes

	Reg	Large
Scampi & Chips	£4.95	£9.95
Chicken Nuggets & Chips	£4.95	£9.95
Choice of Omelette & Chips	£4.95	£9.95
Chicken (pieces) & Chips	£4.95	£9.95

Breads

Naan	£2.45
Garlic Naan	£2.95
Keema Naan	£3.45
Peshwari Naan	£3.45
Chilli Garlic Naan	£3.45
Cheese Naan	£3.45
Cheese, Garlic And Coriander Naan	£3.95
Special Naan Leavened bread baked with onions, garlic and green pepper with a touch of coriander	£1.95
Batura puffy yoghurt bread	£1.95
Tandoori Roti <i>(Vegan)</i>	£1.95

Add Extra

King Prawn	£3.50
Chicken	£2.50
Lamb	£2.95
Chicken Tikka	£2.95
Any Vegetable	£1.50
Cheese	£2.00
Keema	£3.50
Fish	£2.00
Egg	£1.95

Food Allergy Warning:

Our food may contain nuts and dairy products.
Please inform us before placing your order.
We use the following:
Mustard, Celery, Almonds, Peanuts, Nuts, Coconut, Egg,
Milk, Wheat, Soyabean, Fish, Shell Fish, Gluten,
Crustaceans, Lupin, Sulphur Dioxide, Soya.

Our Fish dishes may contain bones.

Signature Dishes

Rosson ki Salmon The famous Bengali speciality pan fried salmon steaks simmered in freshly ground spices and dill herbs and garlic sauce.	£11.95
Bangla Fish Bhuna Fillet of fish cooked with onions, capsicums, diced tomatoes, pinch of green chillies in a smooth gravy sauce.	£10.95
Malibu Korma Chicken or lamb cooked with a hint of coconut. 25ml of Malibu simmered whilst cooking.	£10.95
Jalfrezi Mix - Chicken tikka, lamb, mushrooms and prawns cooked with crispy onions and green peppers and green herbs,	£10.95
Fish Tikka Makhani Salmon steak simmered in delicate sweet and sour butter with fresh coriander and fenugreek delicious to taste.	£10.95
Chicken Tikka Keema Mushroom Balti Chicken tikka, mushroom & keema cooked with crushed garlic paste, medium spiced	£10.95
South Indian Garlic Chicken or Lamb Prepared in red chilli sauce, herbs and spices with onions, peppers, tomatoes, garlic and ginger (Chef's Favourite)	£10.95

Chef's Specialities

Lamb or Chicken Jalfrazi Chicken/Lamb cooked with onions & green peppers together with a dozen spices fried onions and green herbs, (medium or hot please ask)	£9.95
Chicken Tikka Massalla We present our own exclusive recipe of succulent chicken tikka in smooth masala sauce.	£10.95
Shahi Chicken Barbecued chicken, cooked together with marinated lamb in fresh ground spices	£10.95
Coriander Chicken or Lamb An exceptional chicken curry in a smooth gravy well flavoured, a firm favourite.	£10.95
Laal Mass A Famous mutton curry from Rajasthan, prepared with hot red chillies in a yoghurt sauce. Very hot and rich in garlic recommended with chapatis	£10.95
Kosha Mangsho Slow cooked lamb for a long time with ground and whole spices, until shallots, garlic and ginger have dissolved into a thick paste. Barri's Choice, Slightly hot.	£10.95

House Specialities

MAKHANI	
Chicken	£10.95
King Prawn	£11.95
Tandoori baked chicken or king prawn prepared in a sweet and sour butter sauce, flavoured with fenugreek and fresh coriander, tastefully spiced and deliciously mild dish	
HOME MADE	
Chicken	£10.95
Lamb	£10.95
King Prawn	£11.95
A choice of fresh tender meat or chicken cooked to perfection. Blended with herbs & spices, prepared extensively to our chefs secret recipe. Hot & Spicy	
TAWA	
Chicken	£10.95
Lamb	£10.95
King Prawn	£11.95
Slightly hot and spicy with sweet chilli flavours. A dry dish with little sauce served on a griddle.	
TAMARIND	
Chicken	£10.95
Lamb	£10.95
King Prawn	£11.95
Cooked in a slightly spicy sweet and sour tamarind sauce garnished with bayleaves, coriander and fresh mushrooms	
PODINA	
Chicken	£9.95
Lamb	£9.95
Cooked in a selected spices in a medium sauce flavoured with mint	

**If you suffer from any food allergies or intolerance
please inform one of our staff
Thank you**

HEALTHY OPTIONS

Healthy eating is high on the agenda. If you prefer to
have low calorie versions of your favourite dishes
prepared, please ask. We are able to specially
prepare most dishes using less oil, no butter or ghee,
less food colouring resulting in lighter meals.





Traditional Main Course Dishes

Our selection of 'old time' favourites these dishes are recognised by everyone & have been enjoyed by generations of Indian food lovers

CHICKEN DISHES

Dopiaza £8.95
Prepared with chopped green pepper and a mix of fresh and braised onions - slightly hot taste

Madras £8.95
A strong hot curry with a tangy flavour which comes from the extensive use of tomatoes, lemon & chilli.

Korma £8.95
Mildly spiced with ground almonds and cream

Rasam £8.95
Supreme pieces of chicken breast sauteed in garlic & ginger paste, spiced with freshly ground coriander seeds, turmeric and a hint of red chilli. A very home-style dish, medium strength, highly recommended.

Bhuna £8.95
A thoroughly garnished dish with onions, capsicum, tomatoes & a touch of selected spices

Sagwala £8.95
Cooked with fresh spinach a touch of garlic and spices a medium strength dish

Dhansak £8.95
Cooked with lentils, spices and green herbs, touch of red peppers a hot and sour taste

Meva/Mango £8.95
Diced chicken pieces mildly spiced, cooked with mango.

CHICKEN TIKKA DISHES

Pathia £9.95
Dhansak £9.95
Rogan Josh £9.95
Vindaloo £9.95

LAMB DISHES

Dopiaza £9.95
Prepared with chopped green pepper and a mix of fresh and braised onions - slightly hot taste

Pathia £9.95
A popular dish cooked in a slightly hot sauce producing a hot and sour taste

Rogan Josh £9.95
Robustly spiced dish with herbs, spices and cashew nuts and tomatoes - a classic dish

Korma £9.95
Mildly spiced with ground almonds and cream

Sagwala £9.95
Cooked with fresh spinach a touch of garlic and spices a medium strength dish

Dhansak £9.95
Cooked with lentils, spices and green herbs, touch of red peppers a hot and sour taste

Rasam £9.95
Sauteed in garlic & ginger paste, spiced with freshly ground coriander seeds, turmeric and a hint of red chilli. A very home-style dish, medium strength, highly recommended.

Vegetarian Specials

Any Quorn Dish (Vegan) £8.95
Choose any main from our extensive a la carte menu and we will use Quorn pieces, as a vegetarian option.

Vegetable Makhani £8.95
Mixed vegetables prepared in a sweet and sour butter sauce, flavoured with fenugreek and fresh coriander tastefully spiced and deliciously mild dish.

Vegetable Tawa (Vegan) £8.95
Slightly hot and spicy with sweet chilli flavours. Served on a griddle. A dry dish served with very little sauce

Home Made Vegetables (Vegan) £8.95
A choice of fresh vegetables cooked to perfection. Blended with herbs & spices, prepared extensively to our chefs secret recipe. Hot & Spicy

Kadai Paneer £8.95
Chunks of pan fried cottage cheese, sliced tomatoes & capsicum, cooked in a delicious bhuna with onions & tomato massala

Garlic Chilli Paneer £8.95
Homemade cottage cheese cooked in a chilli sauce and flavoured with garlic

Paneer Shashlik £8.95
Homemade cottage cheese with tomatoes, onion, green peppers served with salad.

Dhall Samba (Vegan) £8.95
Lentils Cooked with selected spices onion, green peppers served with salad

Vegan Friendly Selection

Vegetable Samba £8.95
Mixed veg cooked with lentils & chickpeas in a slightly spicy sauce

Vegetable Achari £8.95
Mixed veg cooked with selected spices and flavoured with balsamic vinegar

Deshi Shabjee £8.95
Selected exotic vegetables cooked in medium spices

Seafood Dishes - King Prawn

Pathia £11.95
A popular dish cooked in a slightly hot sauce producing a hot and sour taste

Dhansak £11.95
Cooked with lentils, spices and green herbs, touch of red peppers a hot and sour taste

Sagwala £11.95
Cooked with fresh spinach a touch of garlic and spices a medium strength dish

Bhuna £11.95
A thoroughly garnished dish with onions, capsicum, tomatoes & a touch of selected spices

Seafood Dishes - Prawn

Bhuna £9.95
A thoroughly garnished dish with onions, capsicum, tomatoes & a touch of selected spices

Pathia £9.95
A popular dish cooked in a slightly hot sauce producing a hot and sour taste

Dhansak £9.95
Cooked with lentils, spices and green herbs, touch of red peppers a hot and sour taste

Biryani Dishes

Basmati rice treated with lamb, chicken or vegetable in ghee, with delicate spices and herbs a risotto-like dish. Served with fresh vegetable curry or tarkha dhal, please ask.

King Prawn £12.95
Tandoori Mixed £13.95
Chicken tikka, lamb tikka & tandoori king prawn
Chicken & Mushroom Biryani £10.95
Chicken £10.95
Lamb £10.95
Vegetable £10.95
Chicken Tikka £10.95
Prawn £10.95

Balti Dishes

A very popular dish in the Midlands. The combination of herbs and spices makes this dish very tastefully spicy, garnished with onions, tomatoes and generous touch of fresh coriander

Spicy Tikka Masala (slightly Hot) £9.95
Mixed Balti (chicken, Lamb, & Prawn) £10.95
Chicken £8.95
Lamb £9.95
Vegetable Balti £8.95
King Prawn Balti £11.95
Chicken Tikka £9.95
Chicken Mushroom Balti £9.95

Main Course Tandoori Grill Dishes

Sizzling Mix Platter £12.95
Selection of Chicken Tikka, Lamb Tikka, Sheesh Kebab Tandoori Chicken, Mutton Chops with salad and chips.

Tandoori Mix Grill £12.95
A Selection of chicken tikka, sheek kebab, tandoori king prawn, salmon tikka, tandoor chicken. Served with naan and fresh salad.

Chicken Shashlik £10.95
Chicken cooked over charcoal with tomatoes, onions and Green peppers. Served with crispy salad

Tandoori King Prawn £13.95
Charcoal giant king prawns marinated in garam masala and a dozen herbs served with plain rice

Chicken Tikka £9.95
Succulent bite size pieces of marinated chicken grilled on skewer to perfection

Tandoori Chicken £9.95
Half chicken, marinated with paprika, cardamom & spices grilled on skewer in tandoor

Tandoori Fish Tikka £13.95
Salmon steak marinated in turmeric, lemon served with curried saffron sauce and plain rice complemented with fresh salad

Pan Fried Sea Bass Fillets £13.95
Seabass fillets cooked with light spices and fresh herbs, served with creamy garlic mushrooms rice.

